

BOFAS Annual Scientific Meeting 2026

Wednesday 4th November

Time	Programme / Lecture	Room / Chair	Speaker
09:30 - 10:00	Networking	Exhibition hall	
10:00 - 11:15	Instructional 1 - Wisdom in Practice	Main Auditorium	
10:00 - 10:15	Operations I don't do anymore and why		Manuel Monteagudo
10:15 - 10:30	The MRI made me do it: Are we overtreating F&A pathology?		Scott Ellis
10:30 - 10:45	The wisdom of uncertainty: Making decisions when the evidence isn't clear		Callum Clark
10:45 - 11:00	The complication that changed my practice		Julie Kohls
11:00 - 11:15	Q&A session		
11:15 - 11:45	Tea break	Exhibition Hall	
11:45 - 12:10	Presidential Guest Speaker	Main Auditorium	
11:45 - 11:50	Chair introduction		Cristian Ortiz
11:50-12:10	Three lessons I learnt the hard way		
12:10 - 12:35	Maud Forrester Brown Lecture	Main Auditorium	
12:10 - 12:15	Chair introduction		
12:15 - 12:35	Against All Odds		Deepa Bose
12:35 - 13:00	Keynote 1		
12:40-13:00	A quasi academic's insights		Jit Mangwani
13:00 - 14:00	Lunch	Exhibition Hall	
14:00 - 15:15	Instructional 2 - Ikigai	Main Auditorium	
14:00 - 14:15	Performing under pressure: The art of being at your best when it matters most		James Tomlinson
14:15 - 14:30	The surgeon's Ikigai: Why we get up in the morning?		Annabel Hayward
14:30 - 14:45	The long game: Building a surgical career the lasts		Andrea Sott
14:45 - 15:00	Beyond the operation: Creating your legacy through Education		Anna Chapman
15:00 - 15:15	Q&A session		
15:15 - 15:45	Tea break	Exhibition Hall	
15:45 - 17:00	Instructional 3 - Scientific	Main Auditorium	
15:45 - 16:00	Sacred cows and surgical myths: Which F&A beliefs still survive the evidence?		Sarah Johnson-Lynn
16:00 - 16:15	Big data, registries and AI: Are we entering a new era of surgical wisdom?		Andy Goldberg
16:15 - 16:30	From publication to practice: Why good evidence often fails to change behaviour		Xavier Griffin
16:30 - 16:45	The next decade in F&A surgery: What will future surgeons think we got wrong?		Robert Clayton
16:45 - 17:00	Q&A session		
17:00 - 17:30	Hiro Tanaka President Session 1 30 mins		
	Evening Entertainment		
19:00 - 22:00	Gala Dinner	Celtic Manor	
22:00 - 00:00	ToeJam in Gala Dinner room	Celtic Manor	

BOFAS Annual Scientific Meeting 2026

Thursday 5th November

Time	Programme / Lecture	Room / Chair	Speaker
09:00 - 10:00	Networking	Exhibition hall	
10:00 - 11:15	Instructional 4 - The Big Debate	Main Auditorium	
10:00 - 10:15	Should experience ever trump evidence?		Cristain Ortiz vs Maneesh Bhatia
10:15 - 10:30	Is super-specialisation making us better surgeons or narrow thinkers?		Manuel Monteagudo vs Nikki Kelsall
10:30 - 10:45	Has modern medicine made us safer or more risk averse?		Shilpa Jha vs Scott Ellis
10:45 - 11:00	Would you want today's training programme to produce your surgeon?		Anna Chapman vs Don Campbell
11:00 - 11:15	Q&A session	Main Auditorium	
11:15 - 11:45	Tea break	Exhibition Hall	
11:45 - 12:10	International Guest Speaker	Main Auditorium	
11:45 - 11:50	Chair Introduction		
11:50 - 12:10	Title TBC		Stella Vig
12:10 - 12:35	Keynote 2	Main Auditorium	
12:10 - 12:15	Chair introduction		
12:15 - 12:35	Title TBC		Sue Deakin
12:35 - 13:00	Arnott Professorial Lecture	Main Auditorium	
12:35 - 12:40	Chair introduction		
12:40 - 13:00	Surgical anatomy of the ankle: A journey of injury patterns and surgical approaches		Lyndon Mason
13:00 - 15:00	Working lunch 120 mins - POSTER WALK AROUND	Meeting rooms	Industry Workshops
15:00 - 16:15	Free Papers 1	Main Auditorium	
15:00 - 15:05	Lifetime cost-effectiveness of first metatarsophalangeal joint fusion using patient reported outcomes from National Foot and Ankle Registry data in the UK		Craig Wyatt
15:06 - 15:11	The effects of tourniquet use on postoperative complications after ankle fracture fixation: a multicentre comparative cohort study using propensity score weighting		Muhamed Farhan-Alanie
15:12 - 15:17	The relationship between surgeon and center volume and outcomes after elective primary total ankle replacement in England		Rebecca Martin
15:18 - 15:23	Barriers to Care, Treatment Gaps, and Decision-Making in Hallux Valgus: A Large-Scale Mixed-Methods Primary Care Survey		Benjamin Lau
15:24	Q&A		

15:32 - 15:37	Operating on Frailty: Physiological Vulnerability Rather Than Construct Choice Predicts Length of Stay Following Geriatric Ankle Fracture Surgery	Siddharth Sharma
15:38 - 15:43	Structure and Function of the Achilles Tendon and Plantarflexors 1-Year Following Achilles Tendon Rupture in the UK: A Cross-Sectional Study	Sam Briggs-Price
15:44 - 15:49	The experience of individuals following non-surgical management of Achilles tendon rupture in the United Kingdom – a qualitative study	Sam Briggs-Price
15:50	Q&A	
15:56 - 16:01	Conservative Management of Weightbearing Stable Ankle Fractures: Outcomes in 923 Patients	Craig Wyatt
16:02 - 16:07	Development and progression of peri-prosthetic cysts: a comparative study between mobile- and fixed-bearing total ankle replacements	Milo Kostusiak
16:08 - 16:13	Hindfoot Arthrodesis with Midfoot Debridement ("Flipper Foot") for Midfoot Charcot Neuroarthropathy: A Five-Year Single-Surgeon Series	Craig Wyatt
16:14	Q&A	
16:20 - 16:45	Tea break	Exhibition hall
16:45 - 18:00	Free Papers 2	Main Auditorium
16:45 - 16:50	How Much First Metatarsal Shortening Is Safe? Defining the Threshold for Transfer Metatarsalgia After Scarf–Akin Osteotomy	Basit Alagbe
16:51 - 16:56	Outcomes of Arthroscopic Ankle Arthrodesis Using Headed versus Headless Screws: A Retrospective Comparative Study	Alex Witek
16:57 - 17:02	PARIS (Posterior malleolus Radiological Investigation Study): Standardising Management of Unstable Ankle Fractures with a Posterior Malleolus Component	Nicholas Heinz
17:03 - 17:08	Risk Factors for Complications Following Ankle Open Reduction and Internal Fixation: A Cohort Study of 1,217 Patients	Abdul-Rahman Gomaa
17:09	Q&A	
17:17 - 17:22	Risk Of Major Adverse Cardiovascular Events, Mortality and Suicide Attempt in Patients with Diabetes And Diabetic Foot Ulceration or Lower Limb Amputation: A Real-World Data Study	Aikaterini Eleftheriadou
17:23 - 17:28	The Lasting Impact of Limb Loss: mortality, morbidity and healing outcomes of diabetic lower extremity amputation (LEA) at a single tertiary centre	Daniel Tadross
17:29 - 17:34	Who needs bone graft anyway? A CT based study of union rates in hindfoot fusions	George Matheron
17:35	Q&A	
17:41 - 17:46	Ankle Morphology Predicts Functional Outcomes and Survivorship Following CCR Treatment for Osteochondral Lesions of the Talus (OLT)	Gareth Davies-Jones
17:47 - 17:52	Improved but not satisfied: rethinking outcome assessment in foot and ankle surgery.	Spilios Dellis
17:53 - 17:58	Normative values for maximal voluntary isometric contraction of the plantarflexors: An Observational Cross-Sectional Study using the Fysiometer C-Station	Sam Briggs-Price
17:59	Q&A	
18:15 - 21:00	Networking evening - all delegates/Industry	Hall C All delegates/Speakers/Industry

BOFAS Annual Scientific Meeting 2026

Thursday 5 November – Parallel Sessions

Time	Parallel Sessions		
15:00 - 16:15	Instructional 5 - Diabetes	Meeting Room 2A&B	Speakers
15:00 - 15:15	The clock is ticking: Why timing matters more than technique		Verity Currall
15:15 - 15:30	The surgeon as a leader of the multidisciplinary team		Stella Vig
15:30 - 15:45	Limb salvage at any cost? Knowing when enough is enough		Imad Sedki
15:45 - 16:00	The future diabetic foot service: What should we build next?		Lucy Cooper
16:00 - 16:15	Q&A session (15 mins)		
16:15 - 16:45	Tea break	Exhibition hall	
16:45 - 17:10	BOFAS Speaker 1	Meeting Room 2A&B	
16:45 - 16:50	Chair introduction		
16:50 - 17:10	Soles Mates: Feet and Footwear		Kartik Hariharan
17:10 - 17:35	BOFAS Speaker 2		
17:10 - 17:15	Chair introduction		
17:15 - 17:35	Accidentally successful: A surgeon's guide to trying to look competent		Tim Clough

BOFAS Annual Scientific Meeting 2026

Friday 6th November

Time	Programme / Lecture	Room / Chair	Speaker
09:30 - 11:00	AGM (Parallel session available for non-members)	Main Auditorium	Members only
11:00 - 11:30	Brunch	Exhibition Hall	
11:30 - 12:30	Instructional 6 - Trauma (75 mins)	Main Auditorium	
11:30 - 11:45	Perfect X-rays, poor outcome: Why trauma surgery is about more than reduction		Carolyn Chadwick
11:45 - 12:00	When less is more: The wisdom of not operating		Claire Topliss
12:00 - 12:15	The forgotten injury: Trauma cases we still miss		Joel Humphrey
12:15 - 12:30	Damage control or definitive fixation: Where should we draw the line?		Lucky Jeyaseelan
12:30 - 12:45	Q&A session		
12:45 - 13:45	Best of the Best (60 mins)	Main Auditorium	TBC
12:45 - 12:55	Presentation 1		
12:55 - 13:05	Presentation 2		
13:05 - 13:15	Presentation 3		
13:15 - 13:25	Presentation 4		
13:25 - 13:35	Presentation 5		
13:35 - 13:45	Q&A session (10 mins)		
13:45 - 14:00	Handover – Hiro Tanaka to Callum Clark	Main Auditorium	